



ACTIVITY TIMETABLE updated 11/3/2010

PINE RIVERS PCYC
 Les Hughes Sporting Complex
 Baker Street (off Francis Road)
 BRAY PARK

Phone: 3205 3367

Fax: 3205 6469

CLUB HOURS

Monday-Thursday 9.00am-9.00pm

Friday 9.00am-8.00pm

Saturday 9.00am—1.00pm

VACATION CARE

For Children Prep—Grade 7
 From \$38.00 per day 7am—
 6pm daily
 CCB Eligible
 Provider # 555 010 497H

We offer a quality service for school aged children during School Holidays. We offer a range of sporting and recreation activities, which may include arts & crafts, cooking, theme days and great excursions.

For more information and enrolment forms, please see reception.

PCYC JUNIOR DISCOS

Juniors Discos are held on the second Friday of each month, for prep to Grade 7, from 6.30pm-8.30pm.

Cost is \$5.00, canteen facilities available.

Come along meet your friends and win some great prizes.

ROCKCLIMBING PARTIES are also available on Saturday mornings, bookings essential. \$15.00 per child.

MEMBERSHIP FEES FOR 2010

Adults	\$30.00
Child	\$20.00
Seniors Card	\$6.00
Family	\$60.00

ACTIVITIES FOR UNDER 5'S

TIMES	MON	TUE	WED	THU	FRI
KANGABOP					
9.30-10.30am \$6.00	Walking - 3 yrs	Walking - 3 Yrs	Walking - 3 yrs	Walking - 3 yrs	Walking - 3 yrs
10.30am-11.30am	FDC \$4.00	4-5 yrs \$6.00	4-5 yrs \$6.00	FDC \$4.00	FDC \$4.00
JUNIOR INDOOR SOCCER					
3.30—4.30pm \$5.00	Pre-School				

WEIGHTS ROOM HALF PRICE HAPPY 2 HOUR'S DAILY FROM 12-2.00PM MEMBERS ONLY (CARDS NOT INCLUDED)

	MON	TUES	WED	THU	FRI	SAT
Acrobatics \$6.00 6 –12 years	4.00-5.00pm Juniors					
Badminton \$6.00	9- 12.00pm				9 - 12.00pm	
Boxing/Muay Thai \$8.00 16years + Competitors Social	6.15-8pm 6.45-8pm		6.15-8pm 6.45-8pm			
Cheerleading Juniors Senior Squad Call Rebecca 0404 474 340 for costs					3.45-5.00pm 4.45-6.30pm	
Childminding 1hr \$2.00 2hrs \$3.00 per family	9.30- 11.30am	9.30 - 11.30am	9.30 - 11.30am	9.30 - 11.30am	9.30 - 10.30am	
Group Fitness Classes \$6.00U18 \$8.00 Adults \$12.00 for two classes 16 years + As per attached timetable						
Indoor Soccer \$5.00 6 - 11 years	4.30 – 6.30pm					
Ju-Jitsu \$4.00 U18 \$5.00 Adult				6.30- 8.30pm		
Karate Kids \$4.00 6-16years 17years and above		6-7.00pm 7-9.00pm		6-7.00pm 7-9.00pm		
Kung-Fu \$4.00		5 -7.00pm				
Indoor Rock Climbing \$7.00 U18 \$10.00 Adults	6.30-8.30pm		4.00-6.00pm		9.30- 11.30am \$5.00 Adults	9-12.00pm
Tai Chi \$4.00		9-10.00am				9-11.00am
Weights Room 14 Yrs + \$6.00 U18 \$8.00 Adults \$4.00 Seniors Card See over for more details	9-9.00pm	9-9.00pm	9-9.00pm	9-9.00pm	9-8.00pm	9.00- 1.00pm