

March/April 2009

Logan
Community Bank® Branch Bendigo Bank

Beenleigh PCYC Newsletter

Latest News

Open day

Beenleigh PCYC opened its doors on Saturday 21st February for the community to come and try the activities we have on offer. We had over 1500 people walk through our doors on the day and over 400 new members take advantage of our bi-annual free membership offer.

PCYC Open Days are always an enjoyable event for the whole family. There were outdoor rides, an animal farm, displays from our local firefighters & police officers and a huge array of our activities on display for everyone to either watch or participate in.

If you are interested in attending our open day's, we will be having another one on July 25th as apart of PCYC week, all are welcome.



New Program - BTAT Beenleigh Together Against Truancy

BTAT is a program which is currently addressing the truancy issues at Beenleigh SHS. Businesses are very supportive and are enforcing that student's are not to be served in school hours without a pass, which is given to the student by the school. The programme appears to be having positive feedback and resulting in good interaction with students. The school has reported an increase in attendance since the start of the program and the general community comment is that the program is a success.

Many testimonials have once again proven the success of the program. With one shop owner from the Marketplace in Beenleigh commenting "It's not about the money, our kids need their education. One mother of a student found truanting and sent back to school thanked me for the job I am doing. I look forward to the next phase of the program, which will engage students who have been suspended in community services.

Active Kids School Age Care Programs

Looking for before or after school care for your children,
with age appropriate activities that your children will love and
that are run in the security of your child's school?

We have programs running from five schools:

Cedar Creek PCYC SAC
Eagleby PCYC SAC
Mt Warren PCYC SAC
Ormeau PCYC SAC
Windaroo PCYC SAC

well as a vacation care program at the PCYC Club. We also
have a drop off and pick up service to and from **Beenleigh
S.S and Eagleby Sth S.S**

If you would like further information please see reception for
an information pack or contact Carol on 33801777 or
childcare@beenpcyc.org.au

Upcoming Events

Blue Light Disco

Blue light disco's are back again
for 2009. They will be held on:

- 20th March
- 24th April
- 15th May
- 19th June
- 17th July
- 21st August
- 18th September
- 16th October
- 20 November

\$4.00 for members
\$5.00 for non members
6pm-9pm

These events are Drug and
Alcohol Free. They are fully
supervised by police and trained
personnel.

No Pass outs are available at any
time.

MASSAGE NOW AVAILABLE

Do you wish you could just have some time out for yourself
to relax and be pampered?

Here is your chance; we now offer professional Swedish and
Remedial massage to all of our members.

PCYC Members

\$25 for 30min - \$50 for 1 hour

Non PCYC Members

\$30 for 30min - \$60 for 1 hour

*Also Offer Cupping, Myofascial Release, Deep Tissue and Sports
Massage*

*Bookings are essential and can be done at reception or with Elle
on 3380 1777.*

ACCREDITED TRAINING COMPANY



NATIONALLY RECOGNISED
TRAINING



DISCOUNTED TRAINING

- CPR \$38
- SENIOR FIRST AID \$98
- RECERTIFICATION \$75

Accredited courses every week at the Gold
Coast and Southern Brisbane.

Course at Beenleigh 2nd Saturday each
month. Mention you are with PCYC to
receive a 10% discount.

ALSO AVAILABLE

- BRONZE MEDALLION
- POOL LIFEGUARD
- AUSTSWIM

PH. 55226542 / 0419757321

www.accreditedtrainingcompany.com.au

Logan

Community Bank[®] Branch Bendigo Bank

This newsletter proudly
brought to you by



Pulse Family Fitness Centre

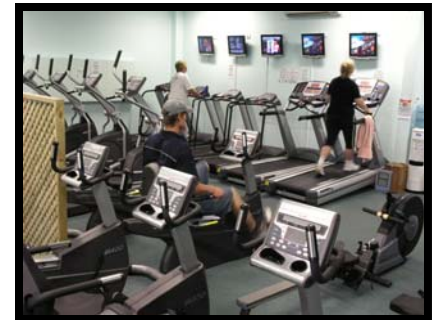
SAVE MONEY & GET IN SHAPE FOR SUMMER WITH THESE GREAT PRICES

12mths \$300 – 6mths \$190 – 3mths \$125 – 1mth \$45

Casual visits available for PCYC Members \$6 per visit - \$12 per week

WHAT DOES THE PULSE FAMILY FITNESS CENTRE HAVE TO OFFER?

The Beenleigh PCYC's Pulse Family Fitness Centre has just passed it's second birthday and is celebrating with more great offers, great equipment & great service.



Our Facilities Include:

- ❖ Treadmills
- ❖ Cross Training
- ❖ Bikes
- ❖ Free Weights
- ❖ Weight Loss Programs
- ❖ Diet Advice
- ❖ Personal Fitness Trainer
- ❖ Air Conditioning
- ❖ Televisions

New Youth Programs

Duke of Edinburgh Awards

The Duke of Edinburgh Award is a flexible program that invites young people between the ages of 14 and 25 to participate in a number of activities over a set length of time. It is entirely voluntary and is structured so the participants can design their own unique program centered on their interests and passions. The program has three levels of achievement that are Bronze, Silver and Gold. Each level focuses on four sections which are physical recreation, skills, service and adventurous journey.

Bridge Award

The Bridge Award is about challenge, adventure and achievement for youths aged 11 and a half to 14. The award introduces young people to a range of new opportunities and activities, and assists them to develop their skills, potential and participation in the community. The award also provides an introduction to the Duke of Edinburgh Award giving young people an idea of the four sections involved with Dukes helping them achieve their goals and awards in a shorter time.

SAS Program

The Support and Strengthening (SAS) project is a crime prevention based sport program that offers activities to children and young people aged between 9 and 14 who are displaying anti-social behaviour and are disengaged, or at significant risk of disengaging from mainstream schools. Activities aim to build resilience, emotional intelligence, conflict resolution and social competencies that will enable students to reengage in learning opportunities.

For more information please call 3380 1777 and ask for Jason



HEARTMOVES EXERCISE PROGRAM

HEARTMOVES IS A LOW TO MODERATE EXERCISE PROGRAM MANAGED BY THE HEART FOUNDATION, SUITABLE FOR ANYONE WHO HASN'T DONE ANY EXERCISE IN A WHILE. YOU CAN START GENTLY IN A FRIENDLY ATMOSPHERE & EXERCISE AT YOUR OWN PACE.



\$5.50 FOR PCYC MEMBERSHIP AND \$3 PER CLASS.

Volunteers Wanted!!

The Beenleigh PCYC is currently looking for volunteers to assist in reception, discos, functions & catering. If you have experience in these fields or want to gain some, please give us a call on 3380 1777 and speak with our friendly reception team.

Have your next function at the Beenleigh PCYC!

Our function room is air-conditioned and is one of the largest & most prestigious rooms available to hire in Beenleigh. It has the ability to hold any type of function, large or small, whether it is corporate, private, community groups, or school events.

It has the capacity to fit either 350 people seated theatre style, allowing walking aisles or comfortably fits 250 people seated around tables allowing for a dance floor & standing area near the bar.

We can assist you by putting together a package to suit your occasion & budget, just tell us what you want & we can either offer advice or do it all for you!

For more information on booking a function, please contact Amy MacArthur on 3380 1777



Discounted Movie Tickets

Adult Movie Tickets \$10

Child Movie Tickets \$8

Have a great night out at the right price
Purchase from Beenleigh PCYC's Reception

Contact Us
Beenleigh PCYC
Ph: 3380 1777
Fax: 3380 1750

Email: beenleighreception@pcyc.org.au
Web: www.beenpcyc.org.au

Improving communities through youth development