PCYC Queensland Outside School Hours Care







Welcome

I would like to welcome all our new and returning families to PCYC Queensland Outside School Hours Care, especially those of you who are transitioning a child into their first experiences of school life.

At PCYC Queensland we value the trust you have placed in us to care for your children, and I assure you that the responsibility for your children's health, safety and wellbeing is not taken lightly.

2020 was a challenging year for many including our OSHC community, but I am incredibly proud of the agile, responsive, and high-quality services we delivered alongside our supportive school and club communities, even in the face of adversity.

The changes brought about by the events of 2020 also challenged us to consider new approaches to work and the opportunities that this can bring. As a result, I am pleased to let you know this year we will be revisiting our strategies and further building on our investment into our OSHC services.

Throughout the year we will keep you informed of our exciting statewide investment in our valued OSHC services, tailored to the individual needs of our communities. As always, feedback from our families is welcomed and we encourage you to follow our Facebook page, talk with our Educators and stay informed via our eNews and updates.

I encourage you to become involved in the PCYC Queensland community and look forward to the journey we will share.

Phil Schultz

Chief Executive Officer PCYC Queensland



PCYC Queensland values the importance of play in childhood and we are committed to providing programs and services that assist young people to reach their potential and make positive life choices.

Our OSHC services are uniquely tailored to each local community and we provide diverse, quality leisure-based experiences supported by a centralised model focusing on the social, emotional and physical development of the young people in our care.









76% of our services are rated Meeting or Exceeding National Quality Standards

Following our OSHC parent survey conducted in July 2020:

92%

of the children have a positive relationship with their OSHC service team 91%

of families said that their local service meets community needs

82%

of families were satisfied or very satisfied with their level of service





Quality, experienced providers

As one of Queensland's largest approved providers of outside school hours care, PCYC Queensland has provided high-quality services at an affordable cost to families for more than 40 years.

With over 100 services across the state supporting more than 23,100 students, last year we accommodated over 3.24 million bookings.

Our OSHC services provide Before School, After School and Vacation Care. Each service works in partnership with schools to enhance children's education and wellbeing through the provision of healthy food, fun sports and activities, homework support and innovative programs.

We offer:

- Over 100 quality services across the state
- Affordable and family-friendly pricing
- Flexibility with casual bookings
- Easy online booking system
- Qualified and trained staff and Educators
- Healthy and nutritious meals

- Variety of fun sports and activities
- Safe, inclusive environment with tailored programs
- Additional behaviour support
- Award-winning charity focused on youth development
- Access to PCYC Queensland club activities and programs



Tailored programs

PCYC Queensland OSHC programs are tailored to the local community and are designed to foster children's wellbeing, development and learning.

Our qualified and experienced Educators provide a safe and inclusive environment to maximise children's engagement, and each program is designed to match the needs of children, families, educators and schools.

Working in collaboration with schools, our programs complement the school curriculum. Our services become part of the school community and our staff get involved in school and community events.

Our programs offer a range of daily activities that include:

- Social play
- Sports and physical activity
- Life skills and cooking activities
- Creative and cultural activities
- Homework clubs





Looking forward in 2021

Our OSHC programs include a balance of play, learning, respect, awareness, safety and leadership. In 2021 we will continue to embed these popular elements into each service:



Social play

We recognise the importance of play for children and encourage the natural play that children initiate and engage in spontaneously. Creative and imaginative play heightens and improves problem solving skills and encourages safe display of expression to build confidence, communication skills and emotional intelligence.



Sports and activities

We incorporate physical activity that focuses on game play, fun and functional movement to build teamwork, respect and leadership. Activities are delivered in various forms but as a minimum we offer 60 minutes per student per day, based on individual abilities and ages.



Healthy food

We value the relationship between nutrition, health and learning and we are committed to providing a menu to students that will assist their growth and development. Students play a vital role in preparing menus, creating shopping lists, preparing the food and understanding the benefits of healthy food choices, and families are encouraged to provide their own recipes and menu ideas to the service!



Homework clubs

We provide adequate time, resources, and supervision by Educators to enable children to undertake their homework tasks. Children are encouraged to complete their tasks autonomously and are provided the space and time to independently complete their homework.





Cultural awareness

We understand the importance of cultural awareness and we include intercultural competence and cultural teaching, especially of Aboriginal and Torres Strait Islander history and culture as part of our program delivery.



Life skills

Our OSHC programs are built on teaching both hard tangible skills and soft skills to ensure that students are able, capable and agile enough to navigate through life. We teach these skills through diverse activities such as cooking, arts and crafts, growing gardens, using technology, reading, writing, drawing and functional movement to name a few!



New offerings in 2021

We are committed to implementing continuous improvement strategies. In 2021 we look forward to growing and improving our service offerings for our OSHC families:



Behaviour support

We will be prioritising behaviour support across all services by upskilling our staff. This will provide strategies to proactively enable staff to better support and respond to behaviours, appropriately model positive behaviours and encourage children to self-regulate.



Engaged programming

Our programs are tailored to each community, and in 2021 we will deliver more responsive and engaged programs through comprehensive consultation with schools and families.



Quality improvements

We will invest in our services to make quality improvements including service expansions, upskilling staff and upgrading resources and facilities to benefit children and schools.



Meet our team

PCYC Queensland is committed to providing quality OSHC services where every child has the opportunity to engage, grow and achieve.

We have a dedicated team of over 650 people across the state working hard to provide quality care for children and families.

In addition to our centralised management and support team who oversee the operation and compliance of our services, each service has an experienced Coordinator, allocated Responsible Person and a minimum of two Educators onsite at all times.



Amanda Venter
Relieving Head of Outside School
Hours Care



Michelle McEwan State Educational Leader



Rachael Sutherland North Queensland Regional Manager



Kylie CosgroveNorth Coast Regional Manager



Leanne Woodgate South West/South East Queensland Regional Manager



Sam KolbeeBusiness Support Coordinator



PCYC Queensland is an award-winning charity providing youth and community programs, services and facilities. Our staff and volunteers have been working alongside the Queensland Police Service (QPS) since 1948 to meet youth needs and positively impact local communities.

For more than 70 years PCYC Queensland clubs have played a vital role in over 50,000 young people's lives each year providing positive experiences, a wide range of sports and activities, and the opportunity to learn from mentors and community leaders including serving police officers.

Each of our clubs are uniquely managed by serving police sergeants, enabling clubs to directly meet local needs with a focus on youth development, crime prevention and community engagement.

Together we are building safer, healthier communities through youth development.







56 clubs



50+ programs & activities



39 gym+fitness centres



27 gymnastics

How you support young people

As a charitable not for profit, almost 90% of our work is funded through donations and fee-for-services including our OSHC services and Gym+Fitness centres. The remaining 10% is through government funding and in-kind support from our QPS partners.

Any surplus revenue generated goes back into supporting the service and enhancing local communities.

You make the difference! Being part of our OSHC community allows us to continue supporting young Queenslanders today.



Get involved!

As a PCYC Queensland OSHC family you are also a club member. There are lots of opportunities to become involved. From KinderGym for the younger years, to gymnastics, boxing, dance and martial arts, 24/7 gym+fitness centres and so much more, simply contact your local club to see what's on offer!

Find your nearest club at pcyc.org.au

Gym+Fitness Centres

Supporting more than 11,000 members to stay active and healthy through affordable inclusive community hubs our 39 gyms across the state, 30 of which offer 24/7 access, all feature commercial quality equipment and large training rooms.

Whether you're looking for strength training, group fitness classes, personal training, over 50s fitness and more, start your fitness journey with us today and join the gym that gives back!



gym+fitness centres



30 offer 24/7 access

Gymnastics and KinderGym

As the largest provider of gymnastics in Queensland, gymnastics continues to be our most popular sport. Today, our 27 gymnastics clubs encourage more than 10,000 members to follow their gymnastics pathways.

We offer unique programs for gymnasts of all ages and abilities through our KinderGym, Recreational Gymnastics, Competitive Gymnastics and Gym Sports programs. You or your child will be motivated to reach for new levels of skills and experiences, achieve your maximum potential or simply have some fun!



gymnastics locations



10,000+ gymnasts



Youth development is the heart of our charity. Our programs encourage individual development and inspire young people to foster their leadership qualities and improve resilience, self-efficacy and social capital to realise their full potential.

Some of our renowned key programs include the State Youth Leadership Program, Braking the Cycle, The Duke of Edinburgh's International Award, Emergency Services Cadets and Skilling Queenslanders for Work initiatives.

Rise Up, Be Yourself (RUBY)

Our free physical fitness program for women who have experienced domestic and family violence, RUBY supports women to build their physical strength and create positive connections with other women and police officers in a safe environment.



34 locations



440 participants

Braking the Cycle

Our renowned volunteer learner driver mentor program designed to support learner drivers to overcome barriers in obtaining their licence, the aim of the program is to provide young people with increased employment opportunities, community connection and driver education.



5,919 participants engaged since inception



2,037 licences since inception

State Youth Leadership Program (SYLP)

Our flagship multi-stage training program, SYLP uses experiential adventure-based learning and engaging challenges to develop young people aged 14-25 into leaders. This program offers young people a chance to step out of their comfort zone, challenge themselves and develop skills useful in school, community, work and life.



128 SYLP graduates









Police-Citizens Youth Clubs (PCYC) Queensland PO 985 Slacks Creek QLD 4127 P 07 3909 9555 W pcyc.org.au







